

For the past 10 years, IRD has improved the health of millions of people. IRD HIV/AIDS programs have included support for home-based care, awareness and prevention, stigma reduction, and organizational development for local groups. However, our multi-sectoral approach looks beyond traditional sector boundaries to comprehensively address health and other development issues. Many of our programs support and benefit people living with HIV/AIDS, even if it is not a formal component. We work closely with affected communities to develop innovative solutions that are appropriate for their environment, and we provide training so they can continue the program once our role has finished.

IRD is a charitable, non-profit, non-governmental organization that focuses its operations in regions of the world that present social, political, and technical challenges, and is a specialist in conflict and post-conflict settings. IRD's mission is to reduce the suffering of the world's most vulnerable groups and provide tools and resources needed to increase their self-sufficiency. IRD has current operations in more than 30 countries in six core sectors: democracy, governance, and community development; economic growth and trade; sustainable food and agriculture systems; health; infrastructure; and relief.



www.ird.org

1621 North Kent Street
Fourth Floor
Arlington, VA 22209

P: 703.248.0161
F: 703.248.0194



HIV/AIDS Programs



International Relief & Development
Improving Lives. Building Livelihoods.

Agriculture

Hunger and HIV are completely intertwined, as in so many families the primary breadwinner has been infected with the disease. Labor scarcity and declining productivity due to AIDS requires creative approaches and sustainable farming practices to maintain adequate family food security. IRD has helped people around the world grow crops more efficiently and make their farms more productive. This results in more food for the family's use and a surplus that can be sold to pay for medical care and other needs.

Nutrition

HIV-positive individuals have additional nutritional requirements to support adherence and effectiveness of antiretrovirals and other medications. IRD helps families and communities in **Cambodia** and other countries learn about ways to improve their nutrition, and implements food fortification and distribution programs through local networks.

Water, Hygiene, and Sanitation

Water-borne illness presents a particular threat to the health of people living with HIV, so it is important to ensure access to clean water and appropriate sanitation. IRD has improved water and sanitation systems in countries hit hard by HIV/AIDS such as **Swaziland** and **Mozambique**, building rain collection devices, boreholes, and latrines and reducing the risk of diarrheal diseases and cholera.

Infrastructure

Access to well-stocked and well-equipped health clinics is clearly essential for people living with HIV/AIDS and their families. IRD's infrastructure team works with local governments in countries like **Georgia**, **Ukraine**, **Indonesia**, **Sudan**, and **Mozambique** to rehabilitate existing clinics and provide medical equipment.

Economic Security

Poverty threatens the success of HIV care and treatment. Families are often forced to make difficult decisions between paying for medication, sending children to school, or keeping land and tools. Poverty also increases the spread of HIV by creating the need to leave home for work or engage in transactional sex. IRD combats poverty by working with local organizations in **Ethiopia** and **Mozambique** to provide safe economic opportunities for families affected by HIV. For example, in the "Women First" program in Mozambique women go from door to door to sell household goods, and also talk about issues such as HIV prevention and reproductive health with their customers.

